

NCATS

COLLABORATE. INNOVATE. ACCELERATE.

The National Center for Advancing Translational Sciences (NCATS)

MOVING THE NEEDLE ON RARE DISEASE RESEARCH

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Acting Director, NCATS

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Why we need to “move the needle” on rare diseases



National Center
for Advancing
Translational Sciences

The Public Health Challenge

10,000

Diseases



and only

500 Treatments
or Cures



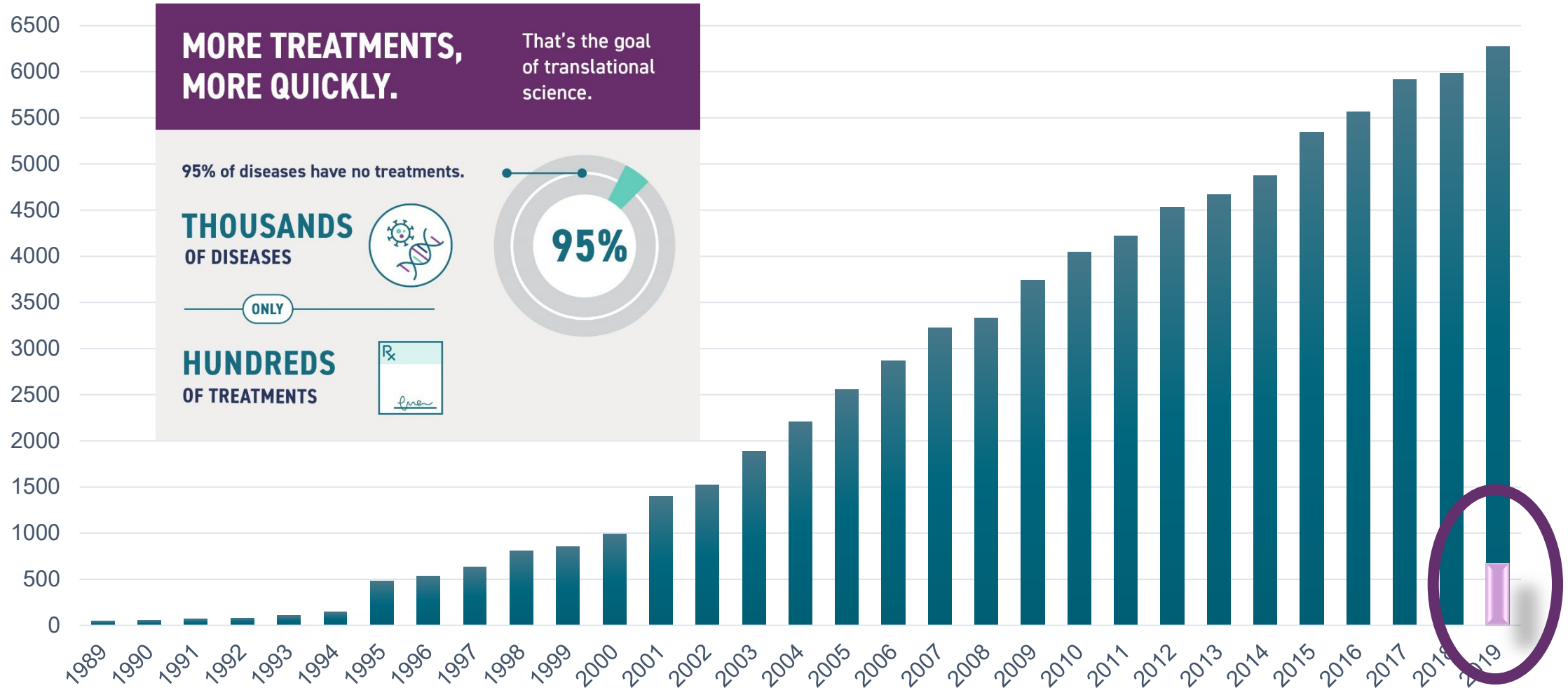
Time from early development to the medicine cabinet takes 10-15 years.

9 out of **10**

promising therapeutic candidates that enter clinical trials fail to be safe and effective.



Diseases of Known Molecular Basis with Treatments



Source: Online Mendelian Inheritance in Man, Morbid Anatomy of the Human Genome





NCATS MISSION

**Turn research observations
into health solutions through
translational science**



ABOUT NCATS



We tackle ongoing challenges in research so that new treatments reach people faster.



We focus on what's common across diseases, especially rare diseases, and develop solutions that overcome bottlenecks in the translational process.



Our vision is a future of more treatments for all people more quickly.



**Rare diseases
affect around
30 million people,
roughly 10% of
the U.S.
population**

**Rare
Diseases
are Not
Rare**



**An estimated
350
million people
suffer from
rare diseases
worldwide**

NIH Study Suggests People with Rare Diseases Face Significantly Higher Health Care Costs

Individual medical costs for people with a rare disease are

3-5 TIMES

greater than for those who do not have a rare disease.

The medical costs of rare diseases have been underestimated.



Yearly direct medical costs estimated at around

\$400 BILLION

are similar to those of cancer, heart failure and Alzheimer's disease.

Rare diseases are collectively common, affecting an estimated

**25-30
MILLION**

people in the United States.



Source: The IDEaS Initiative: Pilot Study to Assess the Impact of Rare Diseases on Patients and Healthcare Systems



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Shortening the rare disease diagnostic odyssey



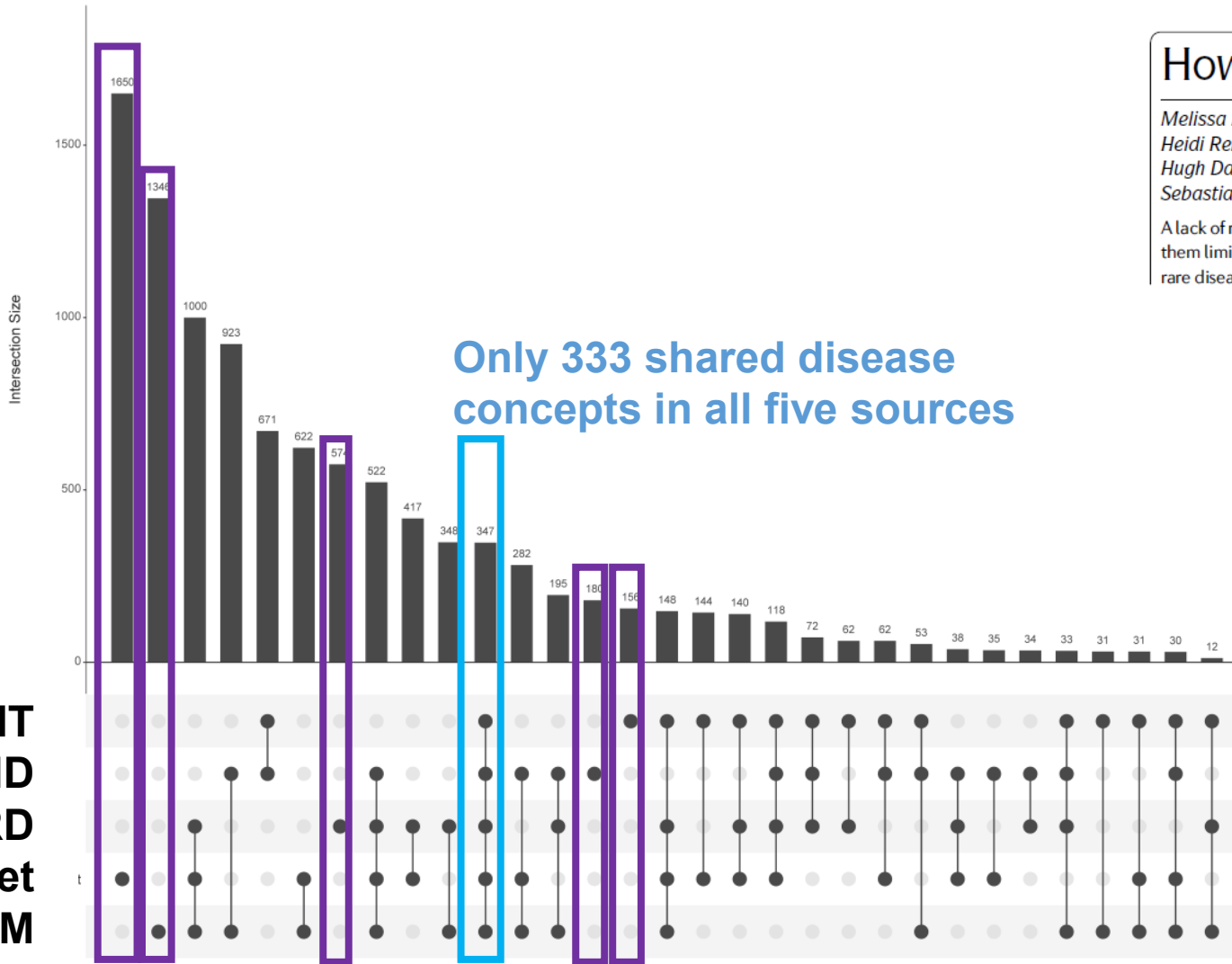
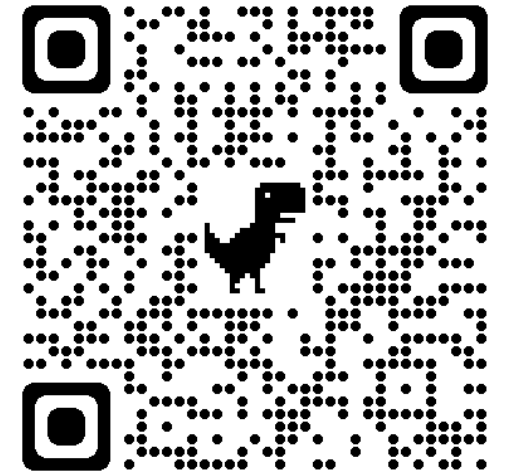
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How many rare diseases are there?

Melissa Haendel^{1*}, Nicole Vasilevsky¹, Deepak Unni², Cristian Bologa³, Nomi Harris², Heidi Rehm⁴, Ada Hamosh⁵, Gareth Baynam⁶, Tudor Groza⁷, Julie McMurry⁸, Hugh Dawkins⁹, Ana Rath¹⁰, Courtney Thaxon¹¹, Giovanni Bocci⁵, Marcin P. Joachimiak², Sebastian Köhler¹², Peter N. Robinson¹³, Chris Mungall² and Tudor I. Oprea^{3*}

A lack of robust knowledge of the number of rare diseases and the number of people affected by them limits the development of approaches to ameliorate the substantial cumulative burden of rare diseases. Here, we call for coordinated efforts to more precisely define rare diseases.

<https://www.nature.com/articles/d41573-019-00180-y>



Only 333 shared disease concepts in all five sources

Five sources comprise 10,577 unique rare disease concepts



NCIT
DOID
GARD
Orphanet
OMIM

Many diseases are in only one source

The exact number of rare diseases is hard to determine

- Different countries define “rare” differently (keionline.org)

Absolute prevalence			Percentage prevalence	
US <200,000	Japan <50,000	S. Korea <20,000	EU <1 in 2,000	Australia <1 in 20,000

- Several countries do not have a definition in legislation
- *Prevalance and costs of RDs are ballpark estimates*
- **Estimated >200 new diseases are added each year**
 - New rare diseases are discovered every week by organizations such as the Undiagnosed Disease Network
- **Rare diseases are not defined in the same way, making them difficult to “see” in our health systems**
 - Dozens of disease registries exist, each with their own system
 - Rare diseases are often not included in standard clinical terminologies (such as ICD codes)
 - Definitions of a rare disease are not interoperable



11-beta-hydroxylase deficiency

Other names: Adrenal hyperplasia 4; Adrenal hyperplasia hypertensive form; Adrenal hyperplasia IV; CAH due to 11-beta-hydroxylase deficiency; Congenital adrenal hyperplasia due to 11-beta-hydroxylase deficiency; CYP11B1 deficiency; P450c11b1 deficiency; Steroid 11-beta-hydroxylase deficiency

9 different names for 1 disease

12q14 microdeletion syndrome

Other names: Del(12)(q14); Deletion 12q14; Monosomy 12q14; Osteopoikilosis-short stature-intellectual disability syndrome

4 different names for 1 disease



Rare Disease Patients Experience Diagnostic Odyssey

- Despite ~10% of the population having a rare disease, inability to count = an inability to identify rare disease patients
- Lack of clear definitions makes it hard to diagnose people and develop therapies
- High-quality evidence to guide treatments is scarce
- Very few expert centers are available for diagnosis, management, and research
- Patients often see many clinicians over a years-long time before receiving an accurate diagnosis.



Opportunity: “Zebra Triggers”? Think Rare Diseases

Old medical school adage

“When you hear hoofbeats, think of horses not zebras”

New adage → think zebra when...



Medical records show potential zebra triggers

- ✓ Young age
- ✓ High utilization
- ✓ Multiple consults, “geography”
- ✓ Imprecise diagnostic codes, e.g.,
 - Failure to thrive/delay in growth
 - Developmental/motor delay
 - Refractory seizures
 - Recurrent serious infections

More tools are needed!

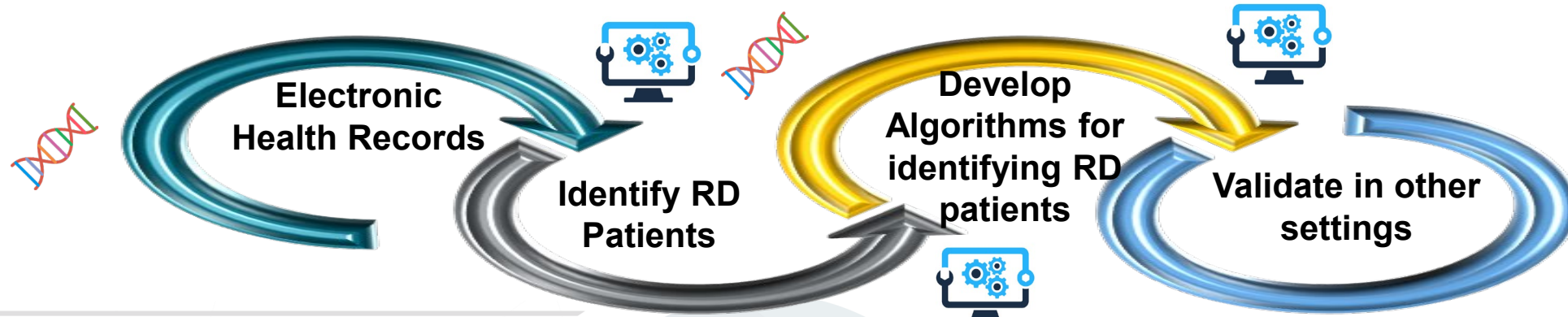
“Diagnostic Odyssey:” 3-pronged approaches to accelerated rare disease diagnosis
Machine-assistance + genetics + clinical team

Shortening the Diagnostic Odyssey

For more information, contact [Alice Chen Grady, M.D.](mailto:Alice.Chen.Grady@nih.gov) ✉

Multidisciplinary Machine-Assisted, Genomic Analysis and Clinical Approaches to Shortening the Rare Diseases Diagnostic Odyssey (UG3/UH3 Clinical Trial Optional)

Principal Investigator(s)	Year Awarded	Institution	Title
Gelb, Bruce D.; Chen, Rong; Balwani, Manisha	2022	Icahn School of Medicine at Mount Sinai	Using Electronic Medical Record Data to Shorten Diagnostic Odysseys for Rare Genetic Disorders in Children and Adults in Two New York City Health Care Settings
Gropman, Andrea Lynne; Berger, Seth I.; Vilain, Eric J.	2022	Children's Research Institute	Machine-Assisted Interdisciplinary Approach for Early Clinical Evaluation of Neurodevelopmental Disorders
Lalani, Seema R.; Lee, Brendan	2022	Baylor College of Medicine	Virtual Platforms for Genetics Evaluation in the Medically Underserved



<https://ncats.nih.gov/programs/diagnostic-odyssey>



NIH National Center for Advancing Translational Sciences

Increasing the number of treatments for rare diseases



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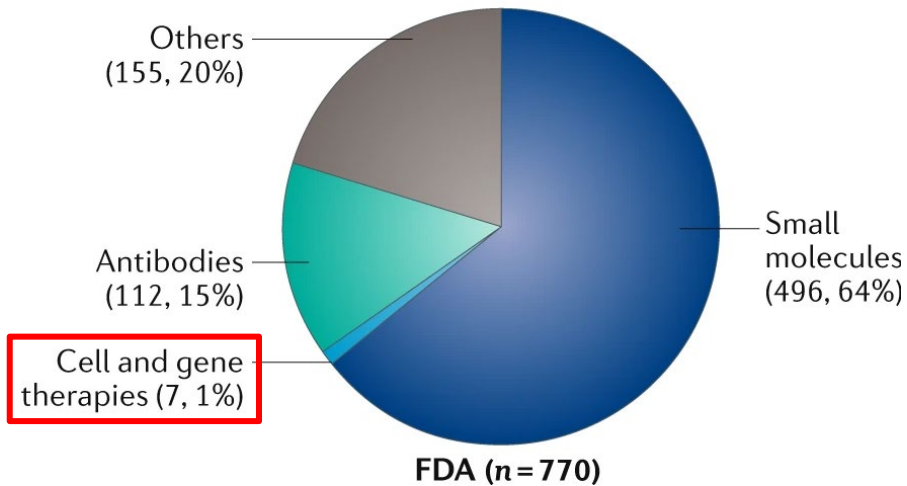
Translational Science is not based in any one organ or disease or discipline

The Promise of Translational Science for Rare Diseases

- Over 7,000 Rare Diseases with known molecular cause
 - ~85% are single gene disorders
 - ~50% onset in early childhood
- There is **little to no commercial interest or market incentives** in the rare disease space
- There are many different causes of rare diseases
 - The majority are thought to be genetic, **directly caused by changes in genes** or chromosomes.
 - Other rare diseases are caused by infections
 - Some are sporadic—not inherited: Rare cancers, and some autoimmune diseases

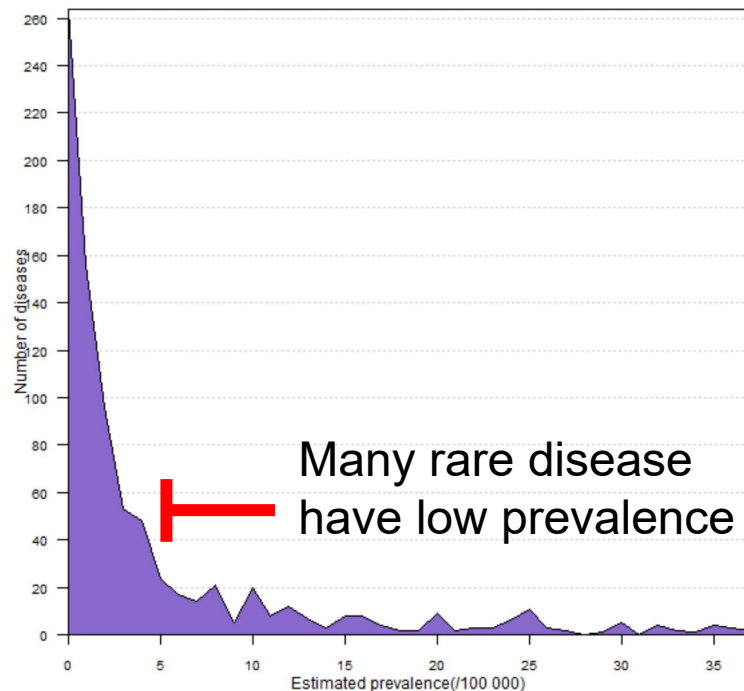


Development of Gene Therapies for Rare Diseases



Challenges:

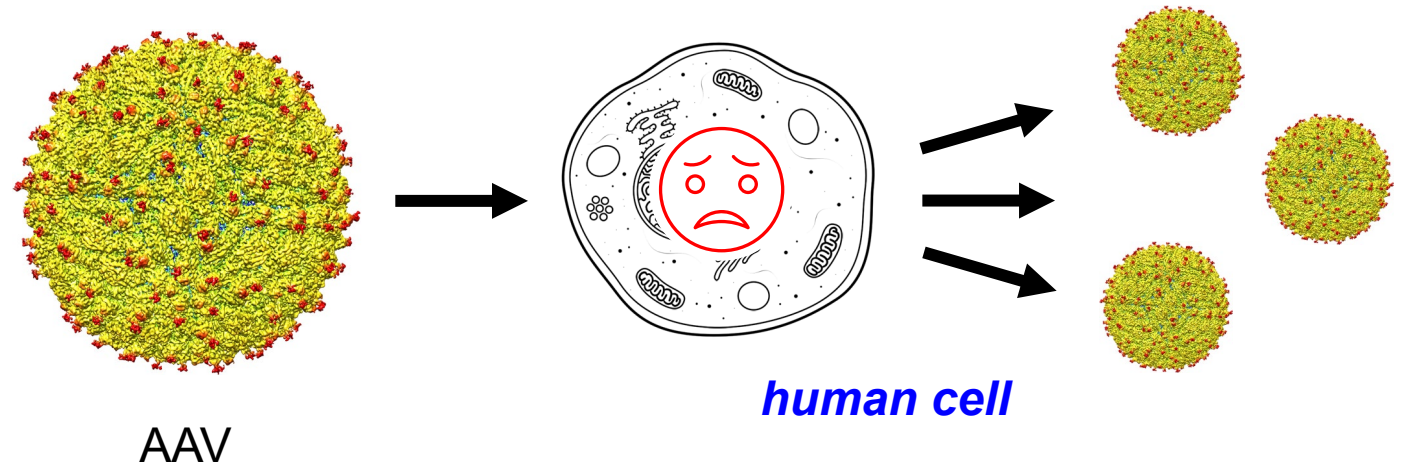
- Access to expertise and resources
- Cost of development and manufacturing of gene therapy (\$5M+)
- Lack of experience in FDA regulatory processes
- Intellectual property issues – both patents and proprietary methods/know-how



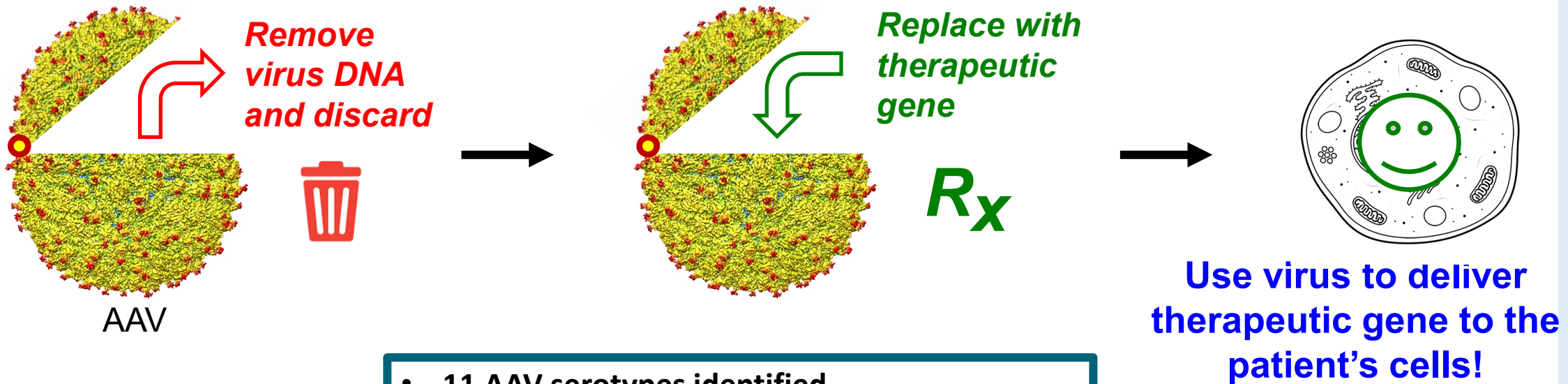
Opportunities:

- ~ 85% of rare and ultra-rare diseases are due to pathogenic variants in single genes that alter gene product function
- Development process can be improved, including manufacturing to increase accessibility for patients

Normally, an adeno-associated virus injects its DNA (= genes) into a human cell to make more virus:



In **gene therapy**, we replace the viral DNA with a human therapeutic gene:

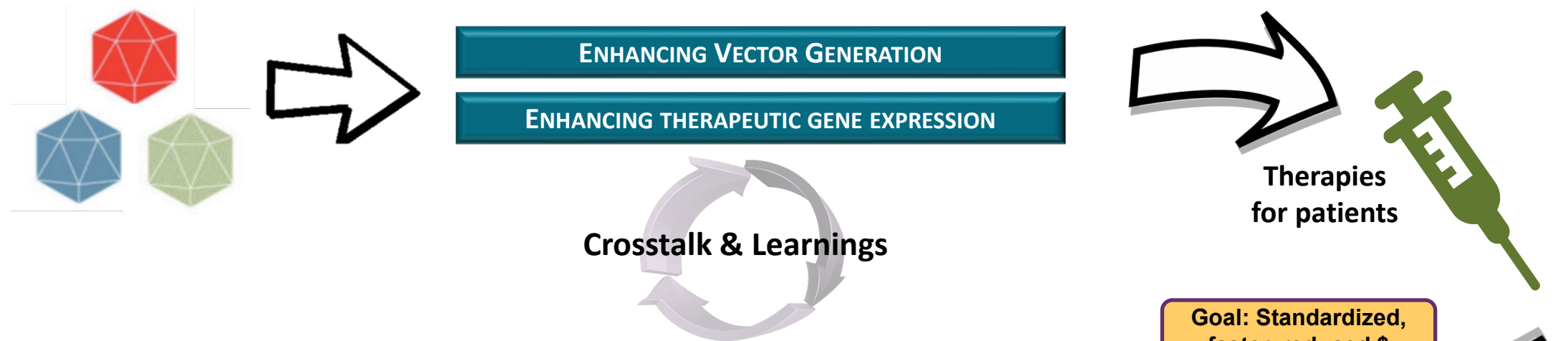


- 11 AAV serotypes identified
- AAVs differ in cell types they infect/target
- Can use specific AAV to infect specific cells

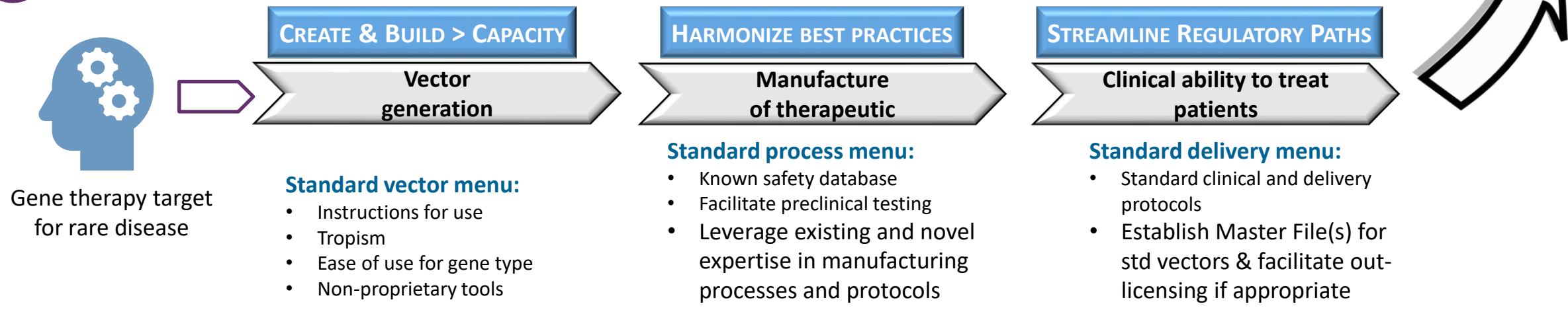
NIH Accelerating Medicines Partnership (AMP) Bespoke Gene Therapy Consortium (BGTC)

\$89.4M PROGRAM

1 AAV BASIC BIOLOGY TRANSLATIONAL IMPLICATIONS



2 ADVANCING ACCESS TO AAV TECHNOLOGIES AND VECTORS FOR BESPOKE CLINICAL APPLICATIONS



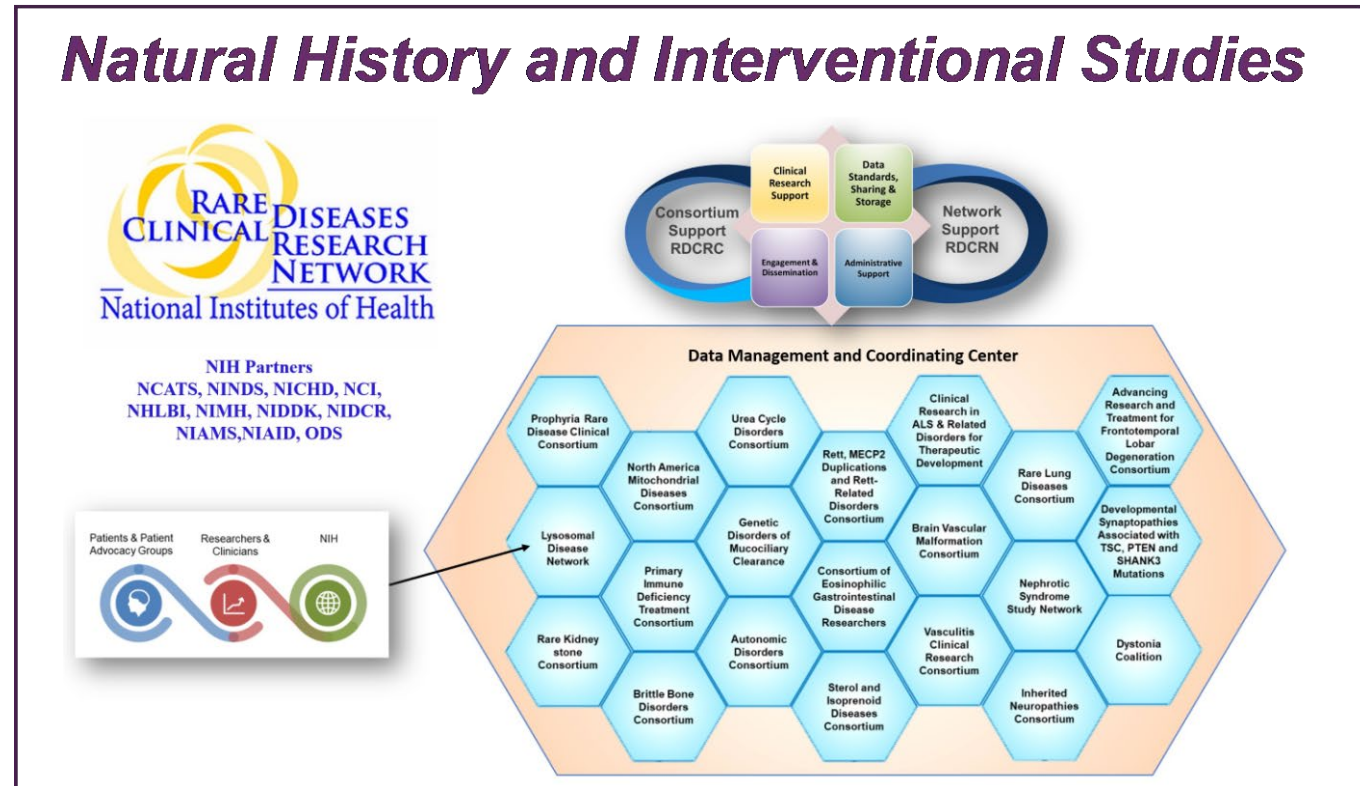
. Why we need to join hands across the globe to maximize trials for rare disease treatments and cures



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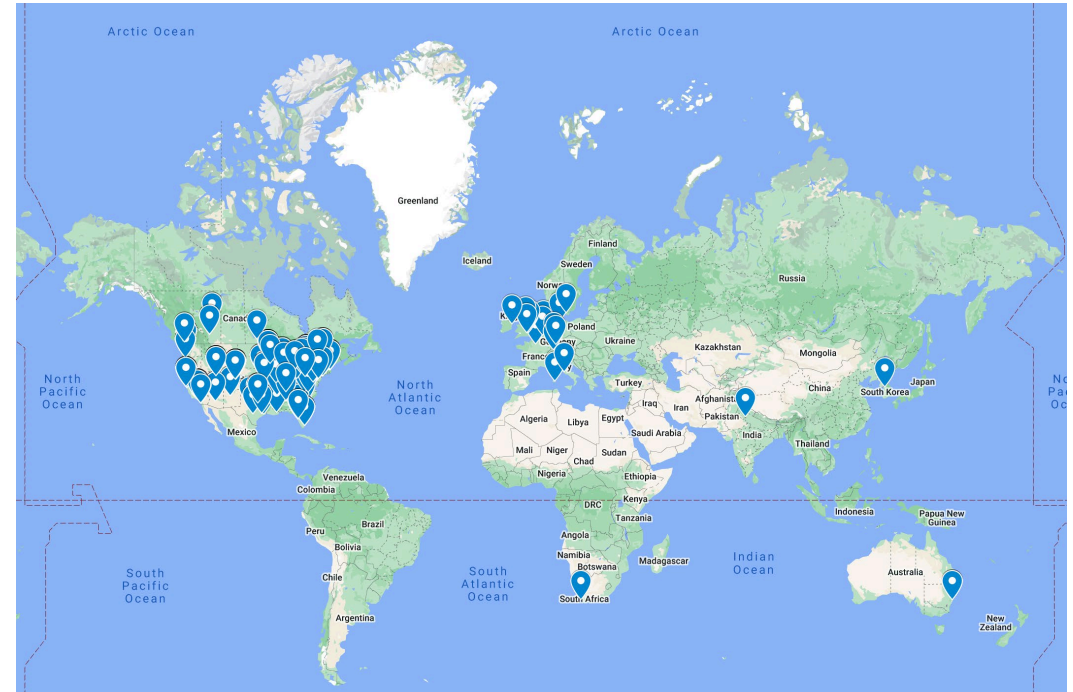
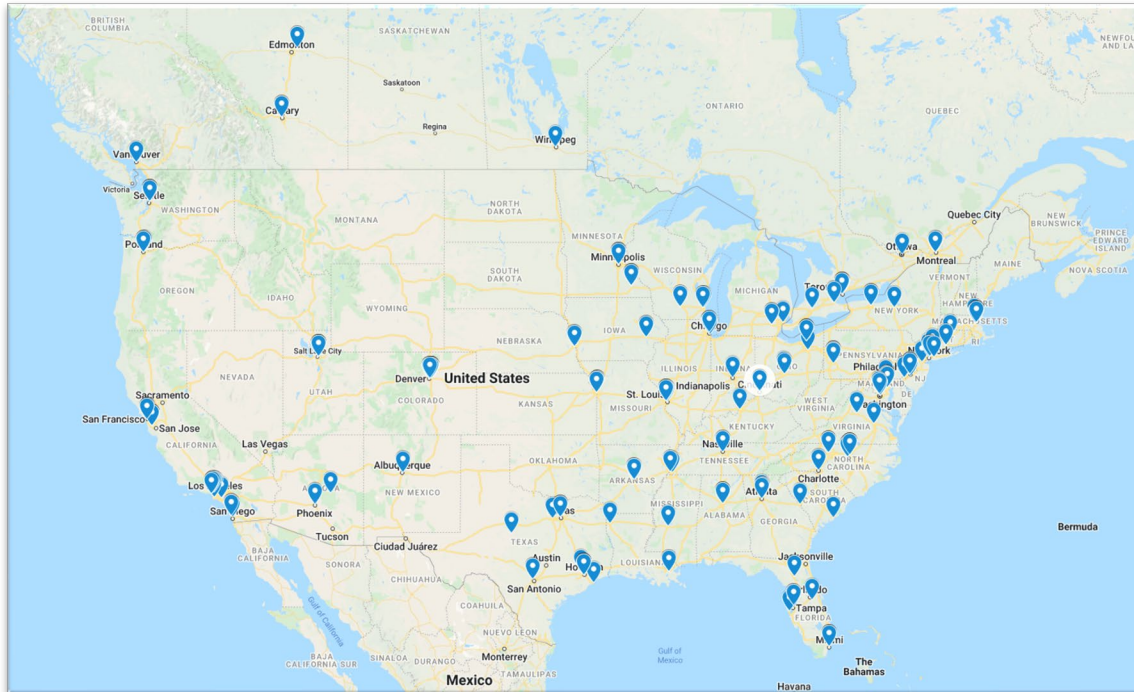
NCATS “Many Diseases at a Time” Research Programs: The Rare Disease Clinical Research Network (RDCRN)

- **Facilitate clinical research by:**
 - 20 rare diseases research groups focusing on ≥ 3 related diseases
 - Sharing the costs of our research infrastructures across the network
 - Establishing uniform studies for data collection
 - Making meaningful large-scale natural hx studies possible
- **Directly engage with patients and their advocates**
- **Train new investigators in rare diseases research**



273 Clinical Sites

in the United States and internationally with affiliated patient advocacy groups



Informational NCATS Resources for Patients & Patient Advocates

GARD Genetic and Rare Diseases Information Center

Who: Patients/Caregivers/Public

What: Public Health Information

Contact Center

- Individualized Support

Health Information Website

- General Information on Rare Diseases, finding support; ICD codes

New Beta Website to launch in 2021

-Focuses on Health Literacy and providing equitable access to information for patient communities

RareDiseases.info.nih.gov

Toolkit For Patient-Focused Therapy Development

Who: Patient Groups

What: Therapeutic R&D

Educational Website

- Educational information, resources, and best practices for collaborating with researchers, industry, and regulators on Therapy Development

Toolkit.ncats.nih.gov

RaDaR Rare Diseases Registry Program

Who: Patient Groups & Scientists

What: Patient Registries

Educational Website

- Stepwise educational information, resources, and best practices for starting a Registry and best practices around registry data governance and stewardship

Registries.ncats.nih.gov

GARD 2.0

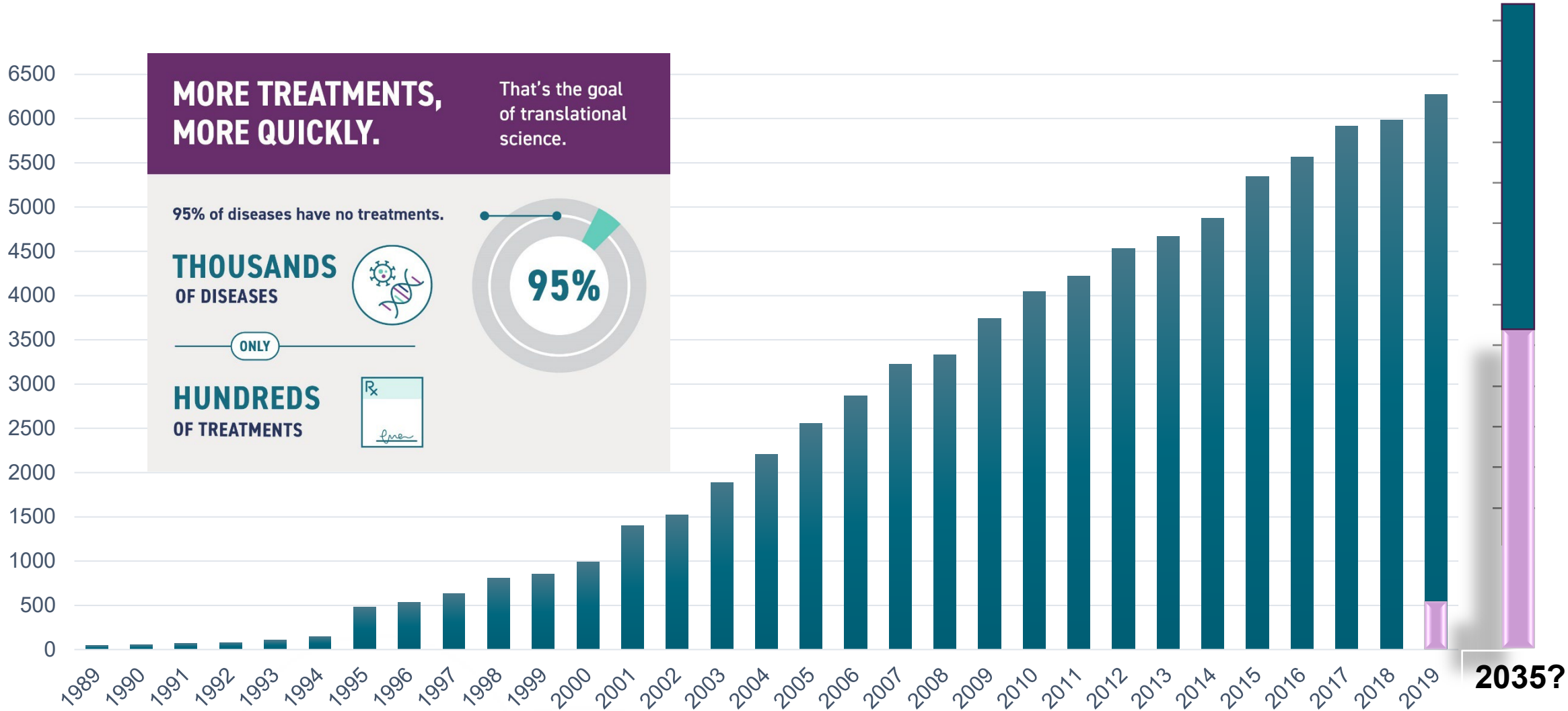


Towards Improving Lives of Rare Disease Patients

- **A better understanding of disease burden on rare disease patients will inform research priorities in diagnostic and treatments for rare diseases**
 - Improve rare disease burden through coordinated research and disease understanding
 - Develop better methods to accelerate diagnosis and improve diagnostic accuracy
 - Accelerate treatment development with more precise data and platform-based approaches



Diseases with Treatments in the Decade Ahead



Source: *Online Mendelian Inheritance in Man*, *Morbid Anatomy of the Human Genome*



Rare Disease Day at NIH

February 28, 2023



This is a future VideoCast event

You will be able to view this event at <https://videocast.nih.gov/> on the day of the event.

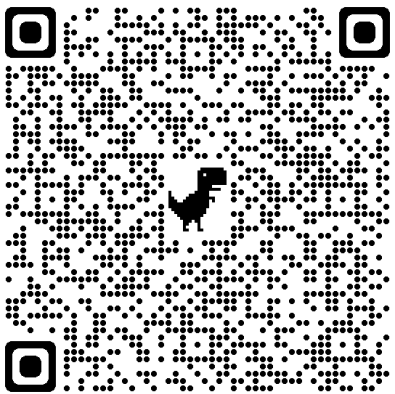
Rare Disease Day at NIH 2023

Air date: Tuesday, February 28, 2023, 9:00:00 AM

Time displayed is Eastern Time, Washington DC Local

iCalendar:   Add an upcoming event to your calendar.

Description: Rare diseases affect an estimated 30 million people in the United States. On February 28, 2023, NIH will host its annual Rare Disease Day event to raise awareness about these disorders, the people they affect, and NIH collaborations that advance research for new treatments. Sponsored by the National Center for Advancing Translational Sciences (NCATS) and the NIH Clinical Center, the event will feature panel discussions, rare diseases stories, and more. Participants can share their thoughts, photos, and experiences via social media using the hashtag #RDDNIH. Explore virtual exhibits, view scientific posters, and network with attendees and speakers in this year's event app (details TBD).



Bldg 38a – Lister Hill
NIH Campus
Lighting up for Rare Disease Day



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Thank You!

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Annie Kennedy

Chief of Policy, Advocacy, and
Patient Engagement